In the 80’s movie, “Ferris Bueller’s Day Off,” the wise (and wise-cracking) Ferris gives us this sage advice: “Life moves pretty fast. If you don’t stop and look around once in a while, you could miss it.”

How true these words and how much truer they seem as life goes on and we squeeze more and more into our schedules and lives. We run and run and pour from long-empty cups, seeking to somehow make our lives “better” by moving as fast and hard as we can.

In this model for living, our connection to God often becomes just one more plate to spin, one more ball for exhausted arms to throw into the air. We end up missing life as God would have us live it—skimming the surface of what’s possible with God like a skipped stone rather than stopping and allowing for immersion.

That’s why I’m so incredibly thankful for experiences like our annual Fauntleroy women’s retreat (held just this past weekend) and for volunteers like Sarah Finney, Gwen Benedict, Stevi Hamill, Carolyn Tucker, Jenny Mandt, Christina Petty, Lyn Kratz, Mary Code (and staff members, Karyn Frazier and Sarah Ackers) who made it all happen! Likewise, I’m thankful for those who will orchestrate plans for our all-church Camp Colman weekend May 18-19 (save the date), our youth and children’s camps and retreats held at both YMCA Camp Colman and our U.C.C. church camps, N-Sid-Sen and Pilgrim Firs. AND I’m thankful in advance (“big smile”) for those men in our congregation who are going to tell me they’d like to be on the planning team for a new Fauntleroy men’s retreat at Pilgrim Firs next January or February (date TBD).

Since I arrived at Fauntleroy Church, I’ve repeatedly heard great interest about getting a men’s ministry going, but tentativeness when conversation turned toward the question of who might lead such an effort. Now “ministry” can be a rather large and daunting concept, but it doesn’t have to be. All “ministry” begins with just one, exploratory step forward. And because I’ve seen and experienced the power of retreats, I think the perfect way to solidly take that first step is through a fun, community-building couple of days together for our Fauntleroy men.

Here’s the good news: I’m not looking for one person to take the lead on this, and I have tons of retreat-planning experience I’m willing to contribute. I’ve also already contacted a male colleague friend of mine who’s excellent at men’s small group ministry, and he’s willing to be a facilitator. I’ve also talked to Pilgrim Firs about space availability. All we need now is a team of men willing to help pick a date and brainstorm toward what this retreat should, could and will be.

If the idea of strengthening community appeals to you, I urge you to prayerfully consider whether you might be called to help get this retreat off the ground. Then let me know. With excitement and trust that this is going to happen, I’m sitting on the edge of my seat waiting to see what will unfold – not only for the retreat, but also for what God will do with one step forward.

Blessings, peace, wholeness, Leah

“WORSHIP WITHOUT WALLS” IS SUNDAY, MARCH 31
Join us for this special worship of God through community service! We’ll gather in the sanctuary for a blessing time, then, head out in small groups for various projects. Look for details on project availability and approximate duration (some will take longer) at the “Get Involved” table soon! All ages and abilities are being considered; there will be something for everyone!
As an open and affirming congregation, the members and staff of Fauntleroy Church are committed to fostering community among people of all races, cultures and sexual orientation.

**MOMENT FOR MISSION:**
**HANDS FOR PEACEMAKING**

On March 24, Brian Dirks, brother of Greg Dirks and president of the Everett-based Hands for Peacemaking Foundation, will visit Fauntleroy Church to offer a “moment for mission”. He’ll tell us about his mission project work and offer an invitation to join his Marine View Presbyterian Church team heading to Guatemala in May (5/24-6/2.)

Hands for Peacemaking is a non-profit organization that partners with churches and service clubs in western Washington and other parts of the country to send teams to the remote western highlands region of Guatemala to engage in short term mission work in impoverished and underserved Mayan villages. They install locally manufactured clean air stoves that replace the traditional open-pit cooking methods in homes, lowering rates of respiratory illness, death and injury and reducing deforestation and wood consumption. Teams also build schools, install clean water storage tanks and engage in other activities that improve the quality of life and economic sustainability in these villages.

Brian has been to Guatemala five times and is organizing another team to go May 24 to June 2.

After the Moment for Mission and worship, stay for coffee in Fellowship Hall on March 24 and meet Brian. He’ll offer a short presentation about the great work he and his teams are doing--and that we might do together!

Karyn

**LENT IMMIGRATION GUIDE 2019**

Isaiah 58: 10: Isn’t this the fast I choose?...if you open your heart to the hungry, and provide abundantly for those who are afflicted, your light will shine in the darkness, and your gloom will be like the noon.

Thanks to our Immigration Task Force for giving us a special focus this Lenten season; a time of self-examination and (re)turning our heart, mind, and spirit toward God. The ITF has created a remarkable Lenten Calendar offering suggestions for self-reflection, as well as connecting and directing our thoughts to those whose lives are vulnerable in every season. You’ll find these Lenten Calendars on the Get Involved Table. May the thoughtful suggestions be a blessing on your journey toward Easter. (Note: You’ll see options in the calendar for setting aside time during the season of Lent to help them discern how we can respond with compassion and courage to our current immigration crisis. Part of that discernment means educating ourselves about what pushes millions to leave their homes to seek safety and opportunity in the U.S. To begin to address that question, The Immigration Task Force invites all to see the important film, Harvest of Empire. This gripping documentary covers some of the history of Latin America that still affects today’s immigration issues, including U.S. intervention in Latin America. Pastor Andrew Conley-Holcomb of Admiral UCC will be leading a discussion following the film. “...Our most dangerous enemies are not each other, but the great wall of ignorance between us.” Juan Gonzales, director of Harvest of Empire.

**SAVE THE DATE!**

See Harvest of Empire on Tuesday, Mar. 26, at 6:30 PM in Fellowship Hall. The Immigration Task Force invites the congregation to set aside time during the season of Lent to help them discern how we can respond with compassion and courage to our current immigration crisis. Part of that discernment means educating ourselves about what pushes millions to leave their homes to seek safety and opportunity in the U.S. To begin to address that question, The Immigration Task Force invites all to see the important film, Harvest of Empire. This gripping documentary covers some of the history of Latin America that still affects today’s immigration issues, including U.S. intervention in Latin America. Pastor Andrew Conley-Holcomb of Admiral UCC will be leading a discussion following the film. “...Our most dangerous enemies are not each other, but the great wall of ignorance between us.” Juan Gonzales, director of Harvest of Empire.
SATURDAY LUNCH AT THE WELCOME TABLE

Church people are well known for feeding others and it’s the first thing most of us think to do for those who are homeless. For many years through what is now our Service and Outreach Ministry, this congregation provided meals for a drop-in center downtown. When our Homelessness Task Force formed in 2012, we sought out a venue for serving meals closer to home.

Trial and error led us to providing Saturday lunch once a month at the “Welcome Table”, a ministry coordinated by Mary Anne deVry for the Westside Interfaith Network. Meals are served Noon-2 PM in the parking lot next to the White Center Bartell’s. That timing is right for volunteers to use the church kitchen; it’s an “all-ages service opportunity, and the diners really count on the nutritious meals we provide.

Cathy Phillips and Mary Anne regularly help wherever needed at these lunches, and Dick Finnie is the go-to guy for socks. Many of you have volunteered to prepare and serve our food. Cathy provided these details:

- An estimated 250 people take advantage of this meal, with 70-100 there on any given Saturday, depending on the season. Ages range from 18 to early 70s and we occasionally serve parents with young children. Some have been homeless for years, others are newly displaced, and a few have jobs.
- Easy-to-chew sandwiches are a staple, whether to eat on the spot or tuck in a pocket for later. Hot soup and beverages are popular this time of year and pasta in some form and fruit are frequently offered.
- “It’s not usual for individuals to just show up at random with additional food,” said Cathy. “They drive by, see what’s happening, and decide to get involved.”

Our task force, along with other churches, uses a website to reserve dates, and Sarah Ackers helps recruit individuals, families, and groups to be responsible for the meal. A sign-up sheet for volunteers is always on the Get Involved Table in the narthex. Our task force provides menu suggestions, preparation guidelines, serving supplies, and reimbursement for expenses.

While Cathy, Mary Anne, and the week’s serving team greet and chat with diners, Dick and other volunteers dispense new socks funded from our task force budget, toiletries, and other things that have been donated.

If you have clean men’s clothing, blankets, or sleeping bags in good repair to donate, give your bag to Dick, Cathy, or me on any Sunday morning. Put toiletries in basket at the “donation station” in the church/Y lobby.

Cathy emphasized that our congregation’s meal ministry is a two-way street: “The people we serve are very thankful for the food and clothing and the chance to be welcomed warmly by the volunteers. We are rewarded by the smiles and heartfelt thank yours from all we serve.”

- Judy Pickens for the Homelessness Task Force

SUNDAY VOLUNTEERS

VOLUNTEER SCHEDULING SOFTWARE IS GREAT!

Thanks to everyone who has started to use MSP (Ministry Scheduler Pro), our new volunteer scheduling software! For those in the congregation who are volunteers for typical Sunday morning roles, such as ushers and greeters, you may receive the following emails in a given week:

1) An email will be sent out on Tuesday afternoons notifying volunteers of open positions for the coming Sunday.

The email is only sent out to the people who have volunteered for the open position(s) in the past. 2) Four days before a worship service, reminder emails will be sent to all scheduled volunteers. 3) If a scheduled volunteer needs to find a substitute, they can trigger a sub request email to be sent to all other volunteers who fill that role.

Please contact me if you have any questions about how to use MSP or about volunteering:

Sarah.ackers@fauntleroyucc.org or 206-932-5600.  Thanks,
**CONGREGATOR DEADLINE: TUESDAYS, 1 PM**

**PRAYER CHAIN**

Please pray for... Kevin Glandon; Donna (Finney); Louisa Wagner; Lauren Smith; Ev Eldridge; Kersti Muul; Huey Simmons; Jo Garrity; The Lane Family; Carolyn Tucker's daughter, Barbara and brother-in-law, Rick Shaw; Marilyn Moore; Mandy Sommer; Bev & Paul Fletcher; Becky; Kitty Clark; Rita Gutterud's daughter, Susie; Mike Goldfine; Angel Luna; Vera & Bob Holte's daughter, Wendy Johnson; Rosina Geary's Mom, Rosalita Salanga; Stacy, a friend of Mary Belshaw's; Kai Kindem; Karyn's cousin Becky; Marty & Ann Dirks; Kitty Clark.

recently checked in to let us know he has now retired and was remembering his many years interacting with members at Fauntleroy Church with fondness. He misses lots of those wonderful people. He’s not sure what retirement will look like, but is sure it will be an adventure! All the best, Randy!

**SWEET SWEET MUSIC (FRIDAY, MARCH 15) POSTPONED.**

Due to a Perfect Storm of events and circumstances, David Yanacek and Bronwyn Edwards are postponing next Friday's Sweet, Sweet Music to Friday, May 31 (please save the date). Coming up behind that is our last Sweet, Sweet Music event for the church year -- a Square Dance for the whole family! -- featuring local band Squirrel Butter ("old time pickin' and cloggin"). Come and learn all the moves and steps on Friday June 21.

We danced with them last summer at Kenyon Hall and had the time of our lives! What better way to get out and celebrate the summer solstice? Please save both dates. Stay tuned for more details to come.

-Bronwyn Edwards, Music Director

**DIRECTORY PHOTO SIGNUPS**

Ben Ackers will be taking individual portraits for the church directory on March 24, several hours following worship. Please stop by the Get Involved Table to sign up to have your photo taken. If you have never had your photo taken for the directory, if it has been more than 2 years since you had a photo taken, if you feel like your photo is out of date, or if you would simply like to have a new photo taken, we’d love to have you sign up. We also highly encourage children and youth to have new photos taken as they change so quickly.

Membership at Fauntleroy Church is not a requirement for having your photo in the directory. If you feel that Fauntleroy Church is your church, we welcome you! Thanks, Sarah

**GOOP BREAKFAST**

The Annual Goop Breakfast, sponsored by Camp Colman, is scheduled for Saturday, March 30, from 9 AM – Noon, in Fellowship Hall. All are invited to come enjoy some French toast topped with “goop” (butter, cinnamon and powdered sugar). Don’t miss out!